

April 2023



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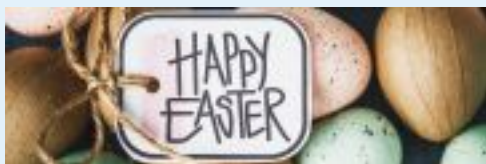
A Place To Call Home

Find us on 



Important Dates

4/3 Activity Meeting
4/4 Walmart (Ooltewah)
4/5 Easter Egg Hunt & Party
4/7 Good Friday
4/9 Easter
4/11 Marshalls
4/11 Open Floor with Katie
4/13 Anne of Green Gables
4/13 Newspaper Info Session
4/14 Open House
4/18 Walmart (East Brainerd)
4/19 New Resident Social
4/21 Music with Rick
4/25 Target
4/26 Birthday Party
4/28 Youth Choir Performance



A Reminder About Activities

All activities are subject to change. Please refer to the weekly opportunity and the daily sheets for the most up-to-date activities schedules. Anything scheduled outside is weather permitting. If the outdoor activity cannot be done outside, we will adjust and make the activity indoors.

Your Friendly Staff

General Manager

Katie Hollaway

Office Manager

Luann Palmer

Sales Director

Blaze Betts

Resident Care Director

Tina Thomas, LPN

Dining Services Director

Melissa Correll

Recreational Director

Tori Rogers

Housekeeping Supervisor

Donna Long

Maintenance Director

Tim Posey



Gardening Club

With our constantly changing weather, the Gardening Club will tentatively begin planting in mid/late April. Sign up for the Gardening Club with Tori, and please attend the April 14th meeting. Keep an eye out for announcements about planting in our community garden. **NOTE:** Residents purchase the plants they wish to grow in the garden and must speak with Tori before anything is planted.



In case you haven't met him yet, this is Monty! He is the life of any party and is always smiling!

"Anne of Green Gables" Musical: April 13th

Musical is performed by Grace Baptist Academy students at The Colonnade. Sign up at the front desk and purchase your \$5 ticket from Tori by March 31st. After the musical, we will enjoy a quick lunch on the way back to Hickory Valley!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 1:00 Game of Choice 3:00 Christ United Methodist Church† 6:30 Movie Night	3 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Po-Ke-No \$ 11:15 AL Chair Exercise \$ 11:45 AL Piano with Katie 1:00 Game of Choice \$ 2:00 AL BINGO \$ 2:00 Paint By Number with Tori \$ 3:00 Activity Meeting \$ 3:00 AL Devotions with Pastor Mark 6:30 Game Time	4 9:15 Gabfest \$ 10:00 Walmart (Ooltewah) 10:30 Rummikub \$ 11:45 AL Gaither Corner 1:00 Game of Choice \$ 2:00 Moving to Music \$ 2:00 AL Resident-Led Games 3:00 BINGO \$ 6:30 Game Time	5 National Go for a Walk Day 9:15 Resident-Led Rummikub \$ 10:00 Outdoor Walk and Exercise \$ 10:30 This or That \$ 11:15 AL Chair Exercise \$ 1:00 Game of Choice \$ 2:00 Easter Egg Hunt \$ 2:30 Easter Party and Music with Michael ♪ 3:00 Bible Teaching with Mr. Hodge \$ 6:30 Movie Night	6 9:15 Morning Melodies with Tori \$ 10:00 Crossword Craze \$ 11:45 AL Lunchtime Melodies with Tori 1:00 Game of Choice \$ 2:00 Blood Pressure Checks and Snacks with Home Care Solutions \$ 2:00 AL Hangman 3:00 Crocheting & Knitting Club \$ 3:00 AL Devotions with Randy Starnes 3:30 Visit with Atrayu, the Therapy Dog 6:30 Game Time	7 Good Friday 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Assorted Games \$ 11:00 Lunch at Amigos 1:00 Game of Choice \$ 1:30 AL Easter Egg Hunt 2:00 AL Easter Party 2:00 Good Friday Service \$ 3:00 Bingo Sponsored By Grace Primary Care \$ 6:30 Sing Along with Ann and Friends †	8 11:00 Balance and Stability with Heather \$ 1:00 Game of Choice 6:30 Movie Night
9 Easter 1:00 Game of Choice 3:00 Brainerd Hills Baptist Church† 6:30 Movie Night	10 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Assorted Games \$ 11:15 AL Chair Exercise \$ 11:45 AL Piano with Katie 1:00 Game of Choice \$ 1:00 Mary Kay Makeovers 2:00 AL BINGO \$ 2:30 Hangman \$ 3:00 AL Activity Meeting 3:00 Devotions with Pastor Mark † 6:30 Game Time	11 9:15 Gabfest \$ 10:00 Marshalls 10:30 Rummikub \$ 11:45 AL Gaither Corner 1:00 Game of Choice \$ 2:00 Moving to Music \$ 2:00 AL Open Floor with Katie 3:00 BINGO with CenterWell \$ 6:30 Game Time	12 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 11:15 AL Chair Exercise \$ 1:00 Game of Choice \$ 2:00 Devotions with Nancy \$ 2:00 AL You Be the Judge 3:00 BINGO with Care Patrol \$ 3:00 AL Outdoor Parachute Games (Courtyard) 6:30 Movie Night	13 9:15 Morning Melodies with Tori \$ 10:00 Anne of Green Gables Musical and Lunch 10:30 Health Trivia with Amedisys \$ 11:45 AL Lunchtime Melodies with Tori 1:00 Game of Choice \$ 2:00 Chattanooga Times Free Press Info Session and Snacks \$ 3:00 Crochet & Knitting Club \$ 6:30 Game Time	14 National Gardening Day 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Gardening Club Meeting 10:30 Love on a Leash 11:00 Lunch at Olive Garden 1:00 Game of Choice \$ 2:00 Open House with Music & Gardening \$ 6:30 Sing Along with Ann and Friends †	15 11:00 Balance and Stability with Heather \$ 1:00 Game of Choice 2:00 Music Performance with Heaven Seekers ♪ 6:30 Movie Night
16 1:00 Game of Choice 3:00 Ridgedale Baptist Church† 6:30 Movie Night	17 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Po-Ke-No \$ 11:15 AL Chair Exercise \$ 11:45 AL Piano with Katie 1:00 Game of Choice \$ 2:00 AL BINGO \$ 2:00 Jeopardy 3:00 AL Devotions with Pastor Mark 3:00 Listen and Learn \$ 6:30 Game Time	18 9:15 Gabfest \$ 10:00 Walmart Neighborhood Market (East Brainerd) 10:30 Rummikub \$ 11:45 AL Gaither Corner 1:00 Game of Choice \$ 2:00 Moving to Music \$ 2:00 AL Resident-Led Games 3:00 Bingo with Home Care Solutions \$ 6:30 Game Time	19 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 This or That \$ 11:15 AL Chair Exercise \$ 1:00 Devotions with Tyner United Methodist † 1:00 Game of Choice \$ 2:00 New Resident Social \$ 3:00 Bible Teaching with Mr. Hodge † 3:00 AL Courtyard Trivia 6:30 Movie Night	20 9:15 Morning Melodies with Tori \$ 10:00 Crossword Craze \$ 11:45 AL Lunchtime Melodies with Tori 1:00 Game of Choice \$ 2:00 Open Floor with Katie \$ 2:30 AL Fact or Fiction 3:00 Crocheting & Knitting Club \$ 3:00 You Be the Judge \$ 3:30 Visit with Atrayu, the Therapy Dog 6:30 Game Time	21 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Hangman \$ 11:00 Lunch at Longhorn Steakhouse 1:00 Game of Choice \$ 2:00 Music Performance with Rick ♪ 3:00 BINGO & Popcorn \$ 6:30 Sing Along with Ann and Friends †	22 Earth Day 11:00 Balance and Stability with Heather \$ 1:00 Game of Choice 6:30 Movie Night
23 1:00 Game of Choice 3:00 Lay Pastor: Dr. McFarland† 6:30 Movie Night	24 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Who, What, Where? \$ 11:15 AL Chair Exercise \$ 11:45 AL Piano with Katie 1:00 Game of Choice \$ 2:00 AL BINGO \$ 2:00 Crossword Craze \$ 3:00 Devotions with Pastor Mark † 6:30 Game Time	25 9:15 Gabfest \$ 10:00 Target 10:30 Rummikub \$ 11:45 AL Gaither Corner 1:00 Game of Choice \$ 2:00 Moving to Music \$ 2:00 AL Resident-Led Games 3:00 BINGO with Hearth Hospice \$ 5:00 Music Performance with Jordan ♪ 6:30 Game Time	26 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 11:15 AL Chair Exercise \$ 1:00 Game of Choice \$ 2:00 Community-Wide April Birthday Party \$ 3:00 Devotions with Nancy \$ 3:00 AL Outdoor Parachute Games (Courtyard) 6:30 Movie Night	27 9:15 Morning Melodies with Tori \$ 10:00 Crossword Craze \$ 11:45 AL Lunchtime Melodies with Tori 1:00 Game of Choice \$ 2:00 Fact or Fiction \$ 2:30 AL Jeopardy 3:00 Crocheting & Knitting Club \$ 3:00 Hymn Sing-Along with Randy † 3:00 AL Mystery Bags 4:00 Africa Presentation with The Reneaus \$ 6:30 Game Time	28 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Hangman \$ 11:00 Lunch at Mimi's Deli 1:00 Game of Choice \$ 2:00 Devotions with Katie \$ 3:00 BINGO \$ 6:00 Music Performance with First Baptist Church Youth Choir ♪	29 1:00 Game of Choice 6:30 Movie Night
30 1:00 Game of Choice 3:00 Graceworks Church† 6:30 Movie Night						

Resident Birthdays

4/1	Francis Zeglen
4/8	John Luddington
4/16	Virginia Crews
4/18	Tobey Hulan
4/21	Barbara Summers
4/30	Katherine Morris



Staff Birthdays

4/22	Pattia McKinney
4/23	Melissa Correll
4/26	Sharon Culver
4/30	Luann Palmer



Staff Anniversaries

4/9	Terrell Maye
4/21	Azuntae Sanford
4/27	Nedra Whitten



Earth Day, Every Day

Earth Day is observed every year on April 22, motivating people to take part in protecting the planet. There are many ways you can help the environment on Earth Day and every day, and they offer additional benefits for you as well.

Take reusable bags with you when you go shopping; carry a refillable water bottle instead of buying bottled water, and bring your own travel mug to coffee shops and convenience stores.

Leaving the water running for just a minute can send 3 gallons of water down the drain, so turn the faucet off while brushing your teeth or shaving. Try to trim a few minutes off your shower time.

When you can, reduce your carbon footprint by walking or cycling to your destination. *Perks:* You'll get exercise and fresh air, which benefits both your physical and mental health.



Good Friday Service

Join us in the chapel, April 7th, for a reading of the Easter Story.



Easter Egg Hunt & Party, April 5th

Beginning at 1:30 pm, join us for an Easter Egg Hunt in the Courtyard (weather permitting). Bring your own bag or basket to collect eggs/prizes. Plenty of eggs for everyone! Immediately following the Easter Egg Hunt, we will enjoy music by Michael Prettyman and tasty snacks in the Dining Room. NOTE: If the weather is not nice enough for an outdoor hunt, we will hunt on the 1st floor (i.e., lobby, library, sitting rooms and dining room).



Go Flower Chasing

Just as autumn's golden colors inspire drives to go "leaf peeping," spring's awakening world invites nature lovers to go "flower chasing." Many farms offer tours to admire their blooms, or simply head out of town in search of a wildflower field where you can snap some photos and breathe in the fresh, fragrant air.