

6705 Ballard Drive Chattanooga, TN 37421 (423) 855-0508 Fax: (423) 855-8730

A Place To Call Home

Find us on **f**



Important Dates

| 7/2 | Music with Michael |
|------|----------------------------|
| | 4th of July Party |
| | Hymn Sing Along with Katie |
| 7/9 | What's the Scoop |
| 7/10 | Cracker Barrel |
| 7/10 | Open Floor with Katie |
| 7/11 | Cow Appreciation Day |
| 7/14 | Car Race |
| 7/16 | Guess the Phrase |
| 7/17 | Mellow Mushroom |
| 7/17 | Open Floor with Katie |
| 7/18 | Summertime Snack |
| 7/21 | Vintage Recipe Reminisce |
| 7/23 | Steak & Cake Celebration |
| 7/24 | LongHorn Steakhouse |
| 7/24 | Red, White, & Bloom |
| 7/25 | Family Feud |
| 7/28 | Flower Arranging |
| 7/30 | Welcome Committee |
| 7/31 | Taco Mamacita |
| | |

Your Friendly Staff

General Manager
Katie Hollaway
Office Manager
Luann Palmer
Sales Director
Brandi Murray
Resident Care Director
Montana Frey, LPN
Dining Services Director
Melissa Correll
Recreational Director

Tori Rogers **Housekeeping Supervisor**Donna Long

Maintenance Director Tim Posey



Brain Bender: A Smashing Good Time

The following list contains two-word phrases that are related to summertime fun and activities. But the letters of the words in each phrase have been mixed up and smashed together. Can you finish each phrase with the letters provided?

Example: trrdp: roadtrip

1. stslaned: ___ca___

2. buaititng: ___h __s __

3. JFuyrth: _ul__o___

4. crceem: i ___a _

5. ocanfgisre: __mp ___s _

6. lgamsn: _ _ w_ _ a _ e _ 7. awtlre: n_ _ u_ _ a _ k

8. bikd: _ i _ e r _ _ e

(Answers: 1. sand castle; 2. bathing suit; 3. July Fourth; 4. ice cream; 5. campfire songs; 6. lawn games; 7. nature walk; 8. bike ride)



Godspell the Musical

A musical adaptation of the Gospel of Matthew, told by a group of young, modern disciples led by Jesus. The show explores themes of faith, love, forgiveness and community while also incorporating elements of rock and vaudeville music. Join us on July 24th at 6:30pm to come out and see **Tori** in this fun show!



Join us for Cow Appreciation Day on July 11th at 2 pm! Wear black & white for extra funny money!

New Games

Vintage Recipe Reminisce: A fun new game to guess names & ingredients of weird & unique vintage recipes.

Zoomed In: Guess what the object is by only seeing a zoomed in photograph.



July 2025

Activity Room

AL Assisted Living
Bus Outing
Dining Room
Chapel

2nd Floor Breezeway
3rd Floor Common Area
Courtyard
Funny Money

| A SENIOR LIVING COMMUNITY | _ | | | | Chapel | \$ Funny Money |
|--|--|--|---|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | 9:00 Walmart or Food City 10:00 Walmart or Food City 11:30 AL Lunchtime Melodies 1:00 AL Fit the Picture 1:00 Game of Choice\$ 2:00 Trivia Tuesday\$ 3:00 Bingo Sponsored by Hospice of Chattanooga\$ 6:30 Game Time | 10:00 Chit Chat with Tori \$ 10:30 Zumba Exercise Class with Joan\$ 12:00 AL Lunchtime Music with Tori 1:00 Game of Choice\$ 1:30 AL Summertime Snacks 2:00 Dice to Meet You\$ 2:30 Music Performance with Michael\$ 6:30 Game Time | 10:00 Music with Tori\$ 10:30 Hooks & Needles\$ 11:00 AL Coloring Pages 1:00 Game of Choice\$ 1:30 AL Rolling Library Cart 2:00 4th of July Party with Barkey 3:00 Bible Study with Joe 3:30 Visit with Atreyu, the Therapy Dog 6:30 Game Time | Happy 4th of July! | 10:00 Puzzle Partners 10:30 Faithful Followers, Friends, & Neighbors 1:00 Game of Choice 2:00 AL BINGO 4:00 AL Classic TV Show 6:30 Game Time |
| 1:00 Game of Choice 3:00 NO CHURCH SCHEDULED 4:00 AL Classic TV Show 6:30 Game Time | 10:30 Zumba Exercise Class with Joan\$ 11:30 AL Current Events 1:00 AL BINGO\$ 1:00 Game of Choice\$ 2:30 Hymn Sing Along with Katie\$ 3:00 Devotions with Mark Cabeen\$ 6:30 Game Time | 9:00 Walmart or Food City 10:00 Walmart or Food City 11:30 AL Lunchtime Melodies 1:00 Game of Choice\$ 1:00 AL Junk Drawer Detective 2:00 Trivia Tuesday\$ 3:00 BINGO with CenterWell\$ 6:30 Game Time | 10:00 Chit Chat with Tori \$ 10:30 Donuts with Directors\$ 12:00 AL Lunchtime Music with Tori 1:00 Game of Choice\$ 1:30 AL Summertime Snacks 2:00 What's the Scoop\$ 3:00 Devotions with Chaplain Kevin 6:30 Game Time | 10:00 Music with Tori\$ 10:30 Hooks & Needles\$ 11:00 AL Coloring Pages 11:00 Lunch at Cracker Barrel 1:00 Game of Choice\$ 1:30 AL Rolling Library Cart 2:00 The Price is Right\$ 2:30 Scavenger Hunt\$ 6:30 Game Time | Cow Appreciation Day 11 10:00 Fun Fact Friday\$ 10:30 Chair Exercise with Legacy\$ 11:30 AL Gaither Corner 12:00 AL Lunchtime Chat with Tori 1:00 Game of Choice\$ 2:00 Cow Appreciation Day & Music Performance with Wes\$ 3:00 BINGO \$ 6:30 Game Time | 10:00 Puzzle Partners 10:30 Faithful Followers, Friends, & Neighbors 1:00 Game of Choice 2:00 AL BINGO 4:00 AL Classic TV Show 6:30 Game Time |
| 3:00 Brainard Hills Bantist | 10:00 Current Events\$ 10:30 Zumba Exercise Class with Joan\$ 11:30 AL Current Events 1:00 AL BINGO\$ 1:00 Game of Choice\$ 1:00 Mary Kay Makeovers 2:00 Car Race\$ 3:00 Devotions with Mark Cabeen\$ 6:30 Game Time | 0:00 Walmart or Food City | 16 10:00 Chit Chat with Tori \$ 10:30 Zumba Exercise Class with Joan\$ 12:00 AL Lunchtime Music with Tori 1:00 Devotions with Tyner United Methodist 1:00 Game of Choice\$ 1:30 AL Summertime Snacks 2:00 Guess the Phrase\$ 3:00 Jeopardy\$ 6:30 Game Time | 17 10:00 Music with Tori \$ 10:30 Hooks & Needles \$ 11:00 A. Coloring Pages 11:00 Game of Choice \$ 1:30 A. Rolling Library Cart 2:00 Open Floor with Katie \$ 3:00 Bible Study with Joe \$ 3:00 Wellness Checks with AccentCare \$ 3:30 Visit with Atreyu, the Therapy Dog 6:30 Game Time | 10:00 Fun Fact Friday\$ 10:30 Chair Exercise with Legacy\$ 11:30 AL Gaither Corner 12:00 AL Lunchtime Chat with Tori 1:00 Game of Choice\$ 2:00 Summertime Snack & Chat 3:00 BINGO \$ 6:30 Game Time | 19 10:00 Puzzle Partners 10:30 Faithful Followers, Friends, & Neighbors 1:00 Game of Choice 2:00 AL BINGO 4:00 AL Classic TV Show 6:30 Game Time |
| 1:00 Game of Choice 3:00 Ridgedale Baptist Church 4:00 AL Classic TV Show 6:30 Game Time | 10:00 Current Events\$ 10:30 Zumba Exercise Class with Joan\$ 11:30 AL Current Events 1:00 AL BINGO\$ 1:00 Game of Choice\$ 2:00 Vintage Recipe Reminisce\$ 3:00 Devotions with Mark Cabeen\$ 6:30 Game Time | | 10:00 Chit Chat with Tori \$ | 10:00 Music with Tori \$ 10:30 Hooks & Needles \$ 11:00 AL Coloring Pages 11:00 Game of Choice \$ 1:30 AL Rolling Library Cart 2:00 Red, White, & Bloom 3:00 Scavenger Hunt \$ 6:30 Game Time 6:30 Godspell the Musical | 10:00 Fun Fact Friday\$ 10:30 Chair Exercise with Legacy\$ 11:30 AL Gaither Corner 12:00 AL Lunchtime Chat with Tori 1:00 Game of Choice\$ 2:00 Family Feud\$ 3:00 BINGO\$ 6:30 Game Time | 10:00 Puzzle Partners 10:30 Faithful Followers, Friends, & Neighbors 1:00 Game of Choice 2:00 AL BINGO 4:00 AL Classic TV Show 6:30 Game Time |
| 1:00 Game of Choice 3:00 Woodland Park Baptist Church 4:00 AL Classic TV Show 6:30 Game Time | 10:00 Current Events\$ 10:30 Zumba Exercise Class with Joan\$ 11:30 AL Current Events 1:00 AL BINGO\$ 1:00 Game of Choice\$ 2:00 Flower Arranging\$ 3:00 Devotions with Mark Cabeen\$ 6:30 Game Time | 9:00 Walmart or Food City 10:00 Walmart or Food City 11:30 AL Lunchtime Melodies 1:00 Game of Choice\$ 1:00 AL Sculpture Art 2:00 Trivia Tuesday\$ 3:00 BINGO\$ 6:30 Game Time | 10:00 Chit Chat with Tori \$ 10:30 Zumba Exercise Class with Joan\$ 12:00 AL Lunchtime Music with Tori 1:00 Game of Choice\$ 1:30 AL Summertime Snacks 2:00 Zoomed In\$ 3:00 Welcome Committee Meeting 6:30 Game Time | 10:00 Music with Tori\$ 10:30 Hooks & Needles\$ 11:00 AL Coloring Pages 11:00 Lunch at Taco Mamacita 1:00 Game of Choice\$ 1:30 AL Rolling Library Cart 2:00 Wheel of Fortune \$ 2:30 Pizza Toss Game\$ 6:30 Game Time | | |



Resident Birthdays

| //1 | Alice Ford |
|------|-----------------|
| 7/7 | Lawrence Walker |
| 7/12 | Nancy Everett |
| 7/14 | Mary Roser |
| 7/25 | Ruth Dickson |
| 7/27 | Dan Jones |



Staff Birthdays

| 7/5 | Tori Rogers |
|------|-------------------|
| 7/9 | Ciara Smith |
| 7/10 | Katie Hollaway |
| 7/11 | Jeremiah Flanigan |
| 7/31 | Joe Taylor |
| | |



Staff Anniversaries

| 7/1 Carolyn Willingham |
|------------------------|
| 7/2 Destiny Recchic |
| 7/26 Andy Arp |
| 7/6 Ania Freeman |
| 7/17 Patricia Griffith |
| 7/24 Chris Ehlers |





Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season's classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high.



Brain Bender: Summertime Treats

Unscramble each of the following words to reveal a refreshing treat on a hot summer day. Then rearrange the letters in bold for some seasonal advice.

EIC ECMRA
OLEADMEN
OSWN OCEN
EMNRWELTOA
RYEHRC MAEELID
IAKKESMLH
LEEMSICRCA
DCIE ATE

(Answers: Ice cream, lemonade, snow cone, watermelon, cherry limeade, milkshake, Creamsicle, iced tea. The summery advice is "Stay cool.")

S'more Substitutions

Craving a campfire treat, but don't have all the classic s'mores ingredients? Get creative with items in your cupboard. Vanilla wafers, shortbread cookies, butter crackers and pretzels can stand in for graham crackers, and instead of chocolate, fruit, chocolate syrup or any other candy bar will do. You may discover a new favorite combination!



Mini-Sized Summer Classic

Gone are the days when the only option for buying a whole watermelon involved lugging around a 20-pound fruit. Popular now are mini varieties, also called personal watermelons, which weigh about 5 pounds and are round rather than oblong. These green globes have a thinner rind, but inside, still contain the sweet, juicy flesh that provides a cool, refreshing snack.



Be Like a Bee

It's important to drink enough water to stay hydrated in the summer heat. To help increase your intake, add flavor and sweetness to your water with a teaspoon of honey.

