



6705 Ballard Drive
Chattanooga, TN 37421
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A Place To Call Home

Find us on

Your Friendly Staff

General Manager

Chet Matheny

Office Manager

Luann Palmer

Sales Director

Jordan Bennett

Resident Care Director

Shana Davis, LPN

Dining Services Director

Mel Entrekin

Recreational Director

Tori Rogers

Maintenance Director

Tim Posey

Meet Our General Manager

We are excited to welcome our new General Manager, **Chet Matheny**. With a background in senior living and facility leadership, Chet is known for his hands-on management style, attention to detail, and commitment to creating a safe, welcoming environment. He is passionate about building strong teams, maintaining high standards of care, and ensuring every resident feels valued and supported. Chet takes pride in fostering a culture of accountability, consistency and compassion across all departments.

Outside of work, Chet enjoys spending time with his wife and son, rooting for the Buffalo Bills, and continuously working toward personal and professional growth.

We are looking forward to growing the Hickory Valley community under Chet's leadership.



Important Dates

- 5/1 Ice Cream Sundaes
- 5/4 Keychain Craft
- 5/5 Cinco de Mayo & Pinata
- 5/6 Mother's Day Manicures
- 5/7 Outback
- 5/7 Happy Hour Bus Ride
- 5/8 Mother's Day Tea
- 5/11 Root Beer Taste Test
- 5/13 Open Floor with Chet
- 5/14 Lunch Club
- 5/14 Casino Hour
- 5/15 Steak & Cake
- 5/15 Activity Meeting
- 5/18 Music with Tori
- 5/20 Happy Hour Bus Ride
- 5/21 Mission BBQ
- 5/21 Strawberry Shortcake
- 5/22 Memorial Day Party
- 5/27 Senior Fitness Day
- 5/28 LongHorn
- 5/28 Spelling Bee Games
- 5/29 Rosie the Riveter Day
- 5/29 We Can Do It Photoshoot



Get Involved

In addition to our weekday activities, we have resident-led groups that meet during the week and on the weekends. If you have any questions about any of these groups, please reach out to Tori Rogers.

We are always looking to add more resident-led groups to the calendar, so please contact Tori with any ideas you might have!

- **Game of Choice:** Every day at 1pm in the Activity Room.
- **Game Time:** Every evening at 6:30pm in the 3rd floor sitting room.
- **Mad Hatters:** Thursdays at 1:30pm in the Breezeway.
- **Puzzle Partners:** On Saturdays at 10am in the Breezeway.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3	4	5	6	7	8	9
1:00 ■ Game of Choice 3:00 ■ NO CHURCH SCHEDULED 4:00 ■ Classic TV Show 6:30 ■ Game Time	10:30 ■ Zumba Exercise Class with Joan \$ 11:30 ■ Music with Tori \$ 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 2:00 ■ Keychain Craft \$ 3:00 ■ Jeopardy \$ 6:30 ■ Game Time	Cinco De Mayo 10:00 ■ Walmart in Ooltewah 11:30 ■ Lunchtime Chat \$ 1:00 ■ Game Time \$ 1:00 ■ Golden Memories Game \$ 2:00 ■ Cinco De Mayo Party & Pinata \$ 3:00 ■ Bingo \$ 6:30 ■ Game Time	10:30 ■ Zumba Exercise Class with Joan \$ 11:30 ■ Music with Tori \$ 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 2:00 ■ Scavenger Hunt \$ 3:00 ■ Mother's Day Manicures with Tori 3:00 ■ Tech Help with Ava \$ 6:30 ■ Game Time	10:00 ■ Chair Exercise \$ 10:30 ■ Throwback Thursday Discussion Game \$ 11:00 ■ Lunch at Outback Steakhouse 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 1:30 ■ Mad Hatters' Craft Group \$ 2:00 ■ Happy Hour Bus Ride (2 hours) 3:00 ■ Devotions with Mark Cabeen \$ 6:30 ■ Game Time	10:30 ■ Chair Exercise with Legacy \$ 11:30 ■ Lunchtime Music with Tori 1:00 ■ Game Time \$ 1:30 ■ Puzzle Packs \$ 2:00 ■ Bingo \$ 3:00 ■ Ice Cream Sundae Social \$ 6:30 ■ Game Time	10:00 ■ Puzzle Partners 10:30 ■ Faithful Followers, Friends, & Neighbors 1:00 ■ Game of Choice 2:00 ■ BINGO 4:00 ■ Classic TV Show 6:30 ■ Game Time
10	11	12	13	14	15	16
1:00 ■ Game of Choice 3:00 ■ Brainerd Hills Baptist Church 4:00 ■ Classic TV Show 6:30 ■ Game Time	10:00 ■ Trader Joe's 10:30 ■ Zumba Exercise Class with Joan \$ 11:30 ■ Music with Tori \$ 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 1:00 ■ Mary Kay Makeovers 2:00 ■ Root Beer Taste Test \$ 2:30 ■ Crossword Craze \$ 6:30 ■ Game Time	10:00 ■ Walmart or Food City 11:30 ■ Lunchtime Chat \$ 1:00 ■ Game Time \$ 1:00 ■ Golden Memories Game \$ 1:30 ■ Hangman \$ 2:00 ■ Chair Exercise \$ 3:00 ■ BINGO \$ 6:30 ■ Game Time	10:30 ■ Donuts with Directors \$ 11:30 ■ Music with Tori \$ 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 2:00 ■ Open Floor with Chet \$ 3:00 ■ Devotions with Chaplain Kevin 3:00 ■ Open Floor with Chet 6:30 ■ Game Time	10:00 ■ Chair Exercise \$ 10:30 ■ Throwback Thursday Discussion Game \$ 12:00 ■ Lunch Club: Chicken Salad Chick 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 1:30 ■ Mad Hatters' Craft Group \$ 2:00 ■ Casino Hour \$ 3:00 ■ Devotions with Mark Cabeen \$ 6:30 ■ Game Time	10:30 ■ Chair Exercise with Legacy \$ 11:30 ■ Lunchtime Music with Tori 12:00 ■ Steak & Cake (May Birthdays) 1:00 ■ Game Time \$ 1:30 ■ Puzzle Packs \$ 2:00 ■ Activity Meeting \$ 3:00 ■ BINGO \$ 6:30 ■ Game Time	10:00 ■ Craft with Luann 10:00 ■ Puzzle Partners 10:30 ■ Faithful Followers, Friends, & Neighbors 1:00 ■ Game of Choice 2:00 ■ BINGO 4:00 ■ Classic TV Show 6:30 ■ Game Time
17	18	19	20	21	22	23
1:00 ■ Game of Choice 3:00 ■ Ridgedale Baptist Church 4:00 ■ Classic TV Show 6:30 ■ Game Time	10:30 ■ Zumba Exercise Class with Joan \$ 11:30 ■ Music with Tori \$ 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 2:00 ■ Rhyme or Wrong Game \$ 2:30 ■ Chuck a Duck Game \$ 3:00 ■ Music with Tori \$ 6:30 ■ Game Time	10:00 ■ Walmart or Food City 11:30 ■ Lunchtime Chat \$ 1:00 ■ Game Time \$ 1:00 ■ Golden Memories Game \$ 2:00 ■ Chair Exercise \$ 3:00 ■ BINGO \$ 6:30 ■ Game Time	10:30 ■ Zumba Exercise Class with Joan \$ 11:30 ■ Music with Tori \$ 1:00 ■ BINGO \$ 1:00 ■ Devotions with Tyner United Methodist 1:00 ■ Game Time \$ 2:00 ■ Happy Hour Bus Ride (2 hours) \$ 2:00 ■ Scavenger Hunt 6:30 ■ Game Time	10:00 ■ Chair Exercise \$ 10:30 ■ Throwback Thursday Discussion Game \$ 11:00 ■ Lunch at Mission BBQ 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 1:30 ■ Mad Hatters' Craft Group \$ 2:00 ■ Wellness Checks with AccentCare \$ 2:30 ■ Strawberry Shortcake Social 3:00 ■ Devotions with Mark Cabeen \$ 6:30 ■ Game Time	10:30 ■ Chair Exercise \$ 11:30 ■ Lunchtime Music with Tori 1:00 ■ Game Time \$ 1:30 ■ Puzzle Packs \$ 2:00 ■ Memorial Day Party with Barkey \$ 6:30 ■ Game Time	10:00 ■ Puzzle Partners 10:30 ■ Faithful Followers, Friends, & Neighbors 1:00 ■ Game of Choice 2:00 ■ BINGO 4:00 ■ Classic TV Show 6:30 ■ Game Time
24	25	26	27	28	29	30
1:00 ■ Game of Choice 3:00 ■ Woodland Park Baptist Church 4:00 ■ Classic TV Show 6:30 ■ Game Time		10:00 ■ Walmart or Food City 11:30 ■ Lunchtime Chat \$ 1:00 ■ Game Time \$ 1:00 ■ Golden Memories Game \$ 1:30 ■ Hangman \$ 2:00 ■ Chair Exercise \$ 3:00 ■ BINGO \$ 6:30 ■ Game Time	National Senior Health and Fitness Day 10:30 ■ Zumba Exercise Class with Joan \$ 11:30 ■ Music with Tori \$ 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 2:00 ■ Senior Fitness Obstacle Course \$ 2:30 ■ Medical Myths Game & Snacks \$ 3:00 ■ Manicures & Hand Massages with Tori 6:30 ■ Game Time	10:00 ■ Chair Exercise \$ 10:30 ■ Throwback Thursday Discussion Game \$ 11:00 ■ Lunch at LongHorn Steakhouse 1:00 ■ BINGO \$ 1:00 ■ Game Time \$ 1:30 ■ Mad Hatters' Craft Group \$ 2:00 ■ Scripp's Spelling Bee Games \$ 3:00 ■ Devotions with Mark Cabeen \$ 6:30 ■ Game Time	Rosie the Riveter Day 10:30 ■ Chair Exercise \$ 11:30 ■ Lunchtime Music with Tori 1:00 ■ Game Time \$ 1:30 ■ Puzzle Packs \$ 2:00 ■ Flower Arranging \$ 2:30 ■ We Can Do It Photoshoot \$ 3:00 ■ BINGO \$ 6:30 ■ Game Time	10:00 ■ Puzzle Partners 10:30 ■ Faithful Followers, Friends, & Neighbors 1:00 ■ Game of Choice 2:00 ■ BINGO 4:00 ■ Classic TV Show 6:30 ■ Game Time
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1:00 ■ Game of Choice 4:00 ■ Classic TV Show 6:30 ■ Game Time						



Resident Birthdays

- 5/2 Carolyn Pannu
- 5/12 Frances Mayfield
- 5/13 Mary Caldwell
- 5/16 Charles Wallace
- 5/18 Johnnie Tipton
- 5/18 Carolyn Eck
- 5/18 Marvin Norfleet
- 5/20 Mickey McCarter
- 5/29 Karen Stanley



Staff Birthdays

- 5/6 Ania Freeman
- 5/6 Aurelio Andres
- 5/16 Christian Salpeter
- 5/23 Dawnzalea Byers
- 5/27 Gracy Varghese



Staff Anniversaries

- 5/11/2020 Luann Palmer
- 5/28/2024 Renee Salpeter



Mad Hatters Charlene and Jody are working together to perfect the pattern!



Mad Hatters

We have a lovely group of ladies who knit and crochet hats for Coats for Kids. In 2025, Deanna Campbell introduced us to the Coats for Kids group that she had been donating to for many years.

We donated over 600 handmade hats for children in need. They are always looking for more knitters and crocheters as well as accepting donations of yarn. This group meets in the Breezeway on Thursdays at 1:30 pm. If you have any questions or want to get involved, reach out to Tori Rogers.



Artwork in the Activity Room

Check out our new artwork in the Activity Room. During the month of April, we spent time creating some special pieces to bring some color and life into the room!



Walk to End Alzheimer's 2026

For the 2nd year in a row, Hickory Valley is partnering with the Alzheimer's Association to raise money to find the cure for this horrible disease. We will host 2 BINGO fundraisers before the walk in November. In the meantime, scratch-off tickets are available to purchase from Tori for \$1 each. Our goal is to raise at least \$500 before the walk in November. Every ticket has a prize! Come try your luck for a good cause.



Mother's Day Tea

Join us on May 8th at 2 pm in the Dining Room for our Annual Mother's Day Tea. We will celebrate the amazing women who are such a vital part of our community. Live music will be provided by Opus IV plus light hors d'oeuvres. This event is only open to our female residents plus 2 guests of their choice. **RSVP by May 4th at 12 pm** at 423-855-0508.