



6705 Ballard Drive  
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*A Place To Call Home*

Find us on

### Important Dates

11/1 ..... Wellness Checks  
11/2 ..... First Bloom Coffee Shop  
11/3 ..... Lunch at Champy's  
11/7 ..... Walmart in Ooltewah  
11/9 ..... Open Floor with Katie  
11/10 ..... Lunch at Mongolian Grill  
11/10 ..... Veterans Day Celebration  
11/13 ..... Music with Joe  
11/14 ..... Food Drive BINGO  
11/15 ..... Mary's Bakery Trip  
11/16 ..... Thanksgiving Luncheon  
11/17 ..... Lunch at Chuy's  
11/17 ..... Music with Wes  
11/20 ..... Christmas Shopping Trip  
11/21 ..... Walmart or Food City  
11/22 ..... Turkey Trot  
11/24 ..... Birthday Party  
11/29 ..... Christmas Wrapping Party  
11/30 ..... Christmas Decorating



### Your Friendly Staff

#### General Manager

Katie Hollaway

#### Office Manager

Luann Palmer

#### Sales Director

Blaze Betts

#### Resident Care Director

Jennie Fraiser, MSN/RN

#### Dining Services Director

Melissa Correll

#### Recreational Director

Tori Rogers

#### Housekeeping Supervisor

Donna Long

#### Maintenance Director

Tim Posey

### Blessing BINGO

On November 14th, we will host a Food Drive BINGO in the Dining Room. **For every canned food or nonperishable food item you bring, you receive 1 BINGO card.** If you are unable to donate food, **you may purchase 1 BINGO card for \$1.** Limit of 5 cards per resident, but no limit on number of times a resident can win. All food & money collected will be donated to the Samaritan Center. Please see the front desk for a list of canned foods or nonperishable food items the Samaritan Center needs the most.



### Massages With Jillian, November 18th

Jillian will visit November 18th for massage appointments. Limited appointments so please sign up with Tori. (If appointments are full, I will add you to the December wait list.)



### Veterans Day Celebration

We will be honoring our Veterans on November 10th at 2 pm in the Dining Room. Music provided by the Chattanooga Community Orchestra. Please join us as we recognize all the men & women who have bravely served our country!

### Thanksgiving Luncheon

Our Thanksgiving Luncheon is Thursday, November 16th at Noon in the Dining Room. Each resident may invite 2 guests. **RSVP by November 9th.**





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			<div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Chair Exercise \$</div> <div>10:30  Assorted Games \$</div> <div>11:00  AL Chair Exercise</div> <div>11:30  AL Lunchtime Melodies with Tori</div> <div>1:00  Game of Choice \$</div> <div>2:00  Wellness Clinic with AccentCare \$</div> <div>2:30  Music Performance with Michael \$</div> <div>2:30  AL Wellness Checks with AccentCare</div> <div>6:30  Movie Night \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>9:45  Coffee Shop Cruise: First Bloom &amp; Shopping at Grit &amp; Grace</div> <div>11:00  AL Guess the Nursery Rhyme \$</div> <div>1:00  Game of Choice \$</div> <div>2:00  AL Cookie Monster Day Taste Test</div> <div>2:00  Cookie Monster Day Taste Test \$</div> <div>3:00 Bible Study with Joe †</div> <div>3:00  AL Devotions with Randy Starnes</div> <div>3:00  Needles Not Necessary \$</div> <div>3:30 Visit with Atreyu, the Therapy Dog</div> <div>6:30  Game Time \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Chair Exercise \$</div> <div>10:30  Assorted Games \$</div> <div>10:45  AL Devotions with Jennie \$</div> <div>11:00  AL I Remember That! \$</div> <div>11:00  Lunch at Champy's</div> <div>1:00  Game of Choice \$</div> <div>2:00 Devotions with Katie \$</div> <div>2:00  AL Fun Facts about November \$</div> <div>3:00  Bingo Sponsored By Grace Primary Care \$</div> <div>6:30  Game Time \$</div>	<div>10:00  Puzzle Partners</div> <div>1:00  Game of Choice</div> <div>2:00  AL BINGO</div> <div>4:00  AL Classic TV Show</div> <div>6:30  Movie Night</div>
<div>1:00  Game of Choice</div> <div>3:00 Christ United Methodist Church †</div> <div>4:00  AL Classic TV Show</div> <div>6:30  Movie Night</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:30  Zumba Exercise Class with Joan \$</div> <div>11:00  AL Chair Exercise</div> <div>12:00  AL Piano with Katie</div> <div>1:00  Game of Choice \$</div> <div>2:00  AL BINGO \$</div> <div>2:00  Crossword Craze \$</div> <div>3:00  AL Devotions with Pastor Mark</div> <div>3:00  How to Sudoku \$</div> <div>6:30  Game Time \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Walmart (Ooltewah)</div> <div>10:30  Rummikub \$</div> <div>10:45  AL Devotions with Jennie \$</div> <div>1:00  Game of Choice \$</div> <div>2:00  Moving to Music with Patsy \$</div> <div>2:00  AL T-Shirt Game \$</div> <div>3:00  BINGO \$</div> <div>6:30  Game Time \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Chair Exercise \$</div> <div>10:30  Assorted Games \$</div> <div>11:00  AL Chair Exercise</div> <div>11:30  AL Lunchtime Melodies with Tori</div> <div>1:00  Game of Choice \$</div> <div>1:30  AL Manicures &amp; Hand Massages \$</div> <div>2:00  Learn Something New \$</div> <div>3:00  Bible Study with Nancy †</div> <div>3:00  AL Individual Activities with Tori \$</div> <div>6:30  Movie Night \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:30  Health Trivia with Amedisys \$</div> <div>11:00  AL Health Trivia with Amedisys \$</div> <div>1:00  Game of Choice \$</div> <div>2:00  Open Floor with Katie \$</div> <div>2:00  AL Turkey Scavenger Hunt \$</div> <div>3:00  Needles Not Necessary \$</div> <div>3:00  Paper Puzzles with Tori \$</div> <div>6:30  Game Time \$</div>	<div>Veterans Day (Observed)</div> <div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Chair Exercise \$</div> <div>10:30  Assorted Games \$</div> <div>10:45  AL Devotions with Jennie \$</div> <div>11:00  Lunch at Mongolian Grill</div> <div>11:30  AL History of Veteran's Day \$</div> <div>1:00  Game of Choice \$</div> <div>2:00  Veterans Day Celebration \$</div> <div>3:00  BINGO \$</div> <div>6:30  Game Time</div>	<div>Veterans Day</div> <div>10:00  Puzzle Partners</div> <div>1:00  Game of Choice</div> <div>2:00  AL BINGO</div> <div>2:00  Music Performance with Heaven Seekers</div> <div>4:00  AL Classic TV Show</div> <div>6:30  Movie Night</div>
<div>1:00  Game of Choice</div> <div>3:00 Brainerd Hills Baptist Church †</div> <div>4:00  AL Classic TV Show</div> <div>6:30  Movie Night</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:30  Zumba Exercise Class with Joan \$</div> <div>11:00  AL Chair Exercise</div> <div>12:00  AL Piano with Katie</div> <div>1:00  Game of Choice \$</div> <div>1:00 Mary Kay Makeovers</div> <div>2:00  AL BINGO \$</div> <div>2:00 Devotions with Pastor Mark †</div> <div>3:00  Music Performance with Joe Chambers \$</div> <div>6:30  Game Time \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Shopping at Hobby Lobby or Dollar Tree</div> <div>10:30  Rummikub \$</div> <div>10:45  AL Devotions with Jennie \$</div> <div>1:00  Game of Choice \$</div> <div>2:00  Moving to Music with Patsy \$</div> <div>2:00  AL Open Floor with Katie \$</div> <div>3:00  Food Drive BINGO with CenterWell \$</div> <div>6:30  Game Time \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Chair Exercise \$</div> <div>10:30  Assorted Games \$</div> <div>11:00  AL Chair Exercise</div> <div>11:30  AL Lunchtime Melodies with Tori</div> <div>1:00 Devotions with Tyner United Methodist †</div> <div>1:00  Game of Choice \$</div> <div>2:00  Artisan Express: Mary's Bakery</div> <div>2:00  AL You Be the Judge \$</div> <div>3:00  Bible Study with Nancy †</div> <div>6:30  Movie Night \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Sing Along with Tori \$</div> <div>10:30  AL Individual Music Therapy with Tori</div> <div>12:00  Thanksgiving Luncheon (RSVP required for guests)</div> <div>1:00  Game of Choice \$</div> <div>2:00  Gratitude Crafts</div> <div>2:00  AL Thanksgiving Craft \$</div> <div>3:00 Bible Study with Joe †</div> <div>3:00  Needles Not Necessary \$</div> <div>3:30 Visit with Atreyu, the Therapy Dog</div> <div>6:30  Game Time \$</div>	<div>9:15  Resident-Led Rummikub \$</div> <div>10:00  Chair Exercise \$</div> <div>10:30  Assorted Games \$</div> <div>10:45  AL Devotions with Jennie \$</div> <div>11:00  AL I Remember That! \$</div> <div>11:00  Lunch at Chuy's</div> <div>1:00  Game of Choice \$</div> <div>2:00  Music Performance with Wes &amp; Flavor of the Month Ice Cream \$</div> <div>3:00  BINGO \$</div> <div>6:30  Game Time \$</div>	<div>10:00  Massage with Jillian (Appointment Required)</div> <div>10:00  Puzzle Partners</div> <div>1:00  Game of Choice</div> <div>2:00  AL BINGO</div> <div>4:00  AL Classic TV Show</div> <div>6:30  Movie Night</div>
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### Resident Birthdays

11/5	Ed Durden
11/5	Carol Stout
11/12	Carol Dollar
11/13	Ralph Painter-102 yrs
11/16	Tillie Ling
11/23	Fran Zimmerman
11/29	Ellen Gartrell



### Staff Birthdays

11/15	Donna Long
11/22	Jon Nguyen
11/24	Patricia Presley



### Staff Anniversaries

11/2/16	Katie Hollaway
11/7/16	Bob Booker
11/7/18	Sharon Culver
11/8/21	Isabella Dixon
11/8/21	Isaiah Dixon
11/27/12	Gracy Varghase



Remember to pick up your new Activity BINGO card for the month of November!



### Coffee Shop Cruise

This month's Coffee Shop Cruise will be to First Bloom Coffee & Bakery in Cleveland. This locally-owned coffee shop is located in the historic Old Woolen Mill. You can also enjoy shopping at the nearby antique & boutique store called Grit & Grace.



### Turkey Trot

We will host our first **Turkey Trot Scavenger Hunt** on November 22nd at 2 pm. Many turkeys will be hidden around the community. It is your goal to find them! This scavenger hunt will begin in the Activity Room and you have until November 24th to complete the scavenger hunt.

*Happy Anniversary*

### Mr. & Mrs. Prater

Gil & Betty are celebrating 73 years together on the 25th!



### Walker & Wheelchair Decorating

This year, after we decorate the tree together, you can pick out decorations for your walker or wheelchair. Lights, bows, ribbons, ornaments, wreaths, stickers, and so much more! Decorations are first come, first serve and Tori will be available to help you decorate to your heart's content.



### Christmas Outreach

This year we will partner with our neighbors, The Tennessee Baptist Children's Home, for Christmas. Residents will have the opportunity to sponsor a child's Christmas. You will sign up with Tori and she will provide you with the wish list for a child. If you would like to sponsor a child financially yet are unable to do your own shopping, talk to Tori. Please see the list below for important dates.

- **November 14th & 28th at 10 am:** shopping trips (see calendar for store options)
- **November 20th 1 pm-4 pm:** shopping (see Tori for list of stores)
- **November 29th 2 pm-4 pm:** Gift Wrapping Party (supplies provided)
- **December 5th at 6:30 pm:** Party to share gifts with kids