6705 Ballard Drive Chattanooga, TN 37421 (423) 855-0508 Fax: (423) 855-8730

A Place To Call Home

Find us on



Be sure to sign up for each outing at the front desk. Spots are first come, first served.

May Shopping Trips

- May 7th: Walmart (Ooltewah)
- May 14th: Gabe's, JoAnn's, or Dollar Tree
- May 21st: Walmart Neighborhood Market or Food City
- May 28th: Ross, Marshalls, or Five Below

May Lunch Outings

- May 2nd: Amigo's
- May 16th: Mellow Mushroom
- May 23rd: Mission BBQ
- May 30th: Cracker Barrel



Memorial Day Celebration Join us on Friday, May 24th at 2pm in the Dining Room for a music performance by Barkey and some delicious snacks! Don't forget we will not have BINGO that day.

May

SENIOR LIVING COMMUNIT

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Important Dates

5/1	Music with Michael
5/2	Avoiding Scams Presentation
5/3	Cinco de Mayo Celebration
5/4-5/5	Rummage Sale
5/5	Cinco de Mayo
5/6	Health Chat with Jennie
5/8	Happy Hour Scenic Ride
5/9	Flower Arranging
5/9	Trip to Buc-ee's
5/10	Mother's Day Tea
5/11	Music with Jordan
	Mother's Day
5/15	Scooter Training
5/16	Music with Butch
5/17	Summertime Cobbler
5/22	Legacy Health Chat
5/23	Wellness Checks
5/24	Memorial Day Celebration
5/25	Massage Appointments
5/27	Memorial Day
5/28	Birthday Bash
5/29	Open Floor with Katie
5/31	Brownie Sundaes



Cinco De Mayo Celebration Join us on May 3rd at 2pm in the Activity Room. We will have snacks, trivia and a piñata! Afterward we will play BINGO!

Your Friendly Staff General Manager

Katie Hollaway Office Manager Luann Palmer Sales Director Blaze Betts Resident Care Director Jennie Fraiser Dining Services Director Melissa Correll Recreational Director Tori Rogers Housekeeping Supervisor Donna Long Maintenance Director Tim Posey



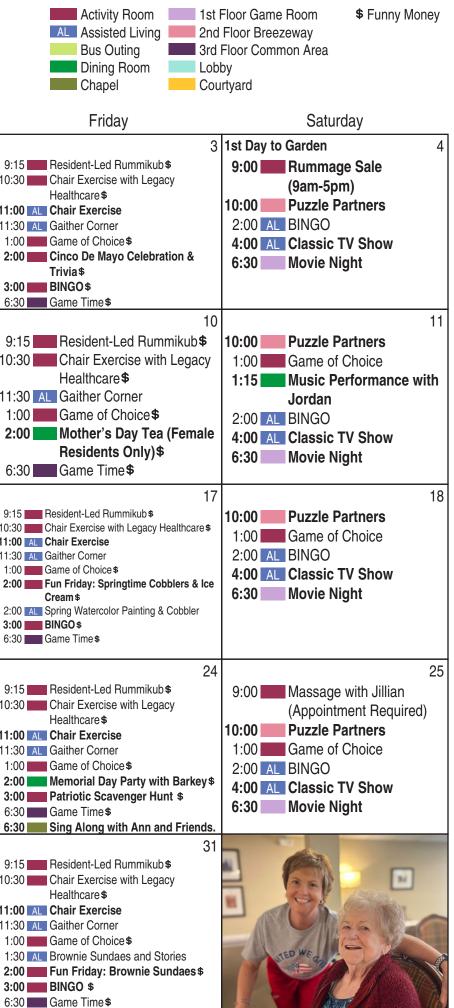
Mother's Day Tea

Join us on May 10th at 2pm in the Dining Room for our Mother's Day Celebration. Live music, small hors d'oeuvres & tea from 2-3pm for you and your guests. Each female resident is allowed to invite 2 guests. RSVP required by May 3rd.



May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	
-HELLO- MARY		HAPPY MOTHER'S DAY	1 9:15 Resident-Led Rummikub\$ 10:30 Zumba Exercise Class with Joan\$ 11:00 AL Chair Exercise 11:30 AL Hymn Sing Along\$ 1:00 Game of Choice\$ 2:00 AL Happy Hour Scenic Ride 2:00 AL Happy Hour Scenic Ride 2:00 AL Manicures & Hand Massages\$ 2:30 Music Performance with Michael\$ 3:00 Bible Study with Nancy 6:30 Movie Night\$	2 9:15 Resident-Led Rummikub \$ 10:45 AL Devotions with Jennie 11:00 Lunch at Amigo's 11:00 AL Trivia Trial 1:00 Game of Choice \$ 2:00 How to Avoid Scams Presentation with BuiltWell Bank \$ 2:00 The Chosen \$ 3:00 Bible Study with Joe 3:00 Hooks & Needles \$ 3:30 Visit with Atreyu, the Therapy Dog 6:30 Game Time \$	9:15 10:30 11:00 A 11:30 A 1:00 2:00 3:00 6:30
Cinco De Mayo 5	6	7	8	9	
9:00 Rummage Sale (9am-5pm) 3:00 Christ United Methodist	9:15 Resident-Led Rummikub\$ 10:30 Zumba Exercise Class with Joan\$ 11:00 AL Chair Exercise with Legacy Healthcare 11:30 AL Lunchtime Melodies	9:15 Resident-Led Rummikub\$ 10:00 Walmart (Ooltewah) 10:30 Rummikub\$ 10:45 AL Devotions with Jennie	9:15 Resident-Led Rummikub\$ 10:30 Zumba Exercise Class with Joan\$ 11:00 AL Chair Exercise 11:30 AL Hymn Sing Along\$	9:15 Resident-Led Rummikub\$ 10:00 Bus Trip to Buc-ee's 10:45 AL Devotions with Jennie 11:00 AL You Be the Judge	9:15 10:30
Church 4:00 AL Classic TV Show 6:30 Movie Night	1:00 Game of Choice \$ 2:00 AL BINGO \$ 2:00 Health Chat with Jennie \$ 2:00 The History of Britain \$ 3:00 AL Cranium Crunches 3:00 Devotions with Mark Cabeen \$	1:00 Game of Choice\$ 2:00 AL A to Z Challenge 2:00 Chair Exercise\$ 3:00 Bingo Sponsored by Hospice of Chattanooga\$	1:00 Game of Choice\$ 2:00 AL Craft with Hearth Hospice\$ 2:00 Happy Hour Scenic Ride 3:00 Bible Study with Nancy 6:30 Movie Night\$	1:00Game of Choice \$2:00Flower Arranging \$2:00ALWho, What, Where?3:00Hooks & Needles \$3:00The Chosen \$	11:30 1:00 2:00
	6:30 Game Time \$	6:30 Game Time\$		6:30 Game Time \$	6:30
Mother's Day121:00Game of Choice3:00Brainerd Hills Baptist Church4:00ALClassic TV Show6:30Movie Night	13 9:15 Resident-Led Rummikub \$ 10:30 Chair Exercise \$ 11:00 A Chair Exercise with Legacy Healthcare 11:30 Christian Ladies 1:00 Mary Kay Makeovers 2:00 A BINGO \$ 2:00 The History of Britain \$ 2:00 You Be the Judge \$ 3:00 Devotions with Mark Cabeen \$ 3:00 A Word Jumbles 6:30 Game Time \$	14 9:15 Resident-Led Rummikub\$ 10:00 Shopping at Best Buy, Hobby Lobby, or Fresh Market 10:30 Rummikub\$ 11:00 AL Who, What, Where? 1:00 Game of Choice\$ 2:00 Chair Exercise\$ 2:00 AL Open Floor with Katie\$ 3:00 BINGO with CenterWell\$ 6:30 Game Time\$	15 9:15 Resident-Led Rummikub \$ 10:00 Donuts with Directors \$ 11:00 AL Chair Exercise 11:30 AL Hymn Sing Along \$ 1:00 Devotions with Tyner United Methodist 1:00 Game of Choice \$ 2:00 Scooter Safety Training \$ 3:00 Scooter Safety Training \$ 6:30 Movie Night \$	16 9:15 Resident-Led Rummikub\$ 11:00 Lunch at Mellow Mushroom Pizza 11:00 AL Trivia Trial 1:00 Game of Choice\$ 2:00 Music Performance with Butch\$ 3:00 Bible Study with Joe\$ 3:00 Hooks & Needles\$ 3:30 Visit with Atreyu, the Therapy Dog 6:30 Game Time\$	9:15 10:30 11:00 AL 11:30 AL 1:00 2:00 2:00 AL 3:00 6:30
19 1:00 Game of Choice 3:00 Ridgedale Baptist Church 4:00 AL Classic TV Show 6:30 Movie Night	20 9:15 Resident-Led Rummikub \$ 10:30 Zumba Exercise Class with Joan \$ 11:00 AL Chair Exercise with Legacy Healthcare 11:30 AL Lunchtime Melodies 1:00 Game of Choice \$ 2:00 AL BINGO \$ 2:00 Summer Wreath Craft \$ 2:00 The History of Britain \$ 3:00 AL Cranium Crunches 3:00 Devotions with Mark Cabeen \$ 6:30 Game Time \$	21 9:15 Resident-Led Rummikub\$ 10:00 Walmart Neighborhood Market or Food City 10:30 Rummikub\$ 11:00 AL Word Teasers 1:00 Game of Choice\$ 2:00 Chair Exercise\$ 2:00 AL Movie Matinee 3:00 Bingo\$ 6:30 Game Time\$	22 9:15 Resident-Led Rummikub\$ 10:30 Zumba Exercise Class with Joan\$ 11:00 AL Chair Exercise 11:30 AL Hymn Sing Along\$ 1:00 Game of Choice\$ 2:00 AL Happy Hour Scenic Ride 2:00 AL Happy Hour Scenic Ride 2:00 Health Chat with Legacy Healthcare\$ 3:00 Bible Study with Nancy 6:30 Movie Night\$	23 9:15 Resident-Led Rummikub\$ 11:00 Lunch at Mission BBQ 11:00 AL You Be the Judge 1:00 Game of Choice\$ 2:00 AL Riddle Me This! 2:00 Wellness Checks with AccentCare\$ 3:00 Hooks & Needles\$ 3:00 The Chosen\$ 6:30 Game Time\$	9:15 10:30 11:00 A 11:30 A 1:00 2:00 3:00 6:30
26 1:00 Game of Choice 3:00 Woodland Park Baptist Church 4:00 AL Classic TV Show 6:30 Movie Night	27 REMEMBER AND HONOR MEMORIAL DAY 	28 9:15 Resident-Led Rummikub\$ 10:00 Shopping at Ross, Marshalls or Five Below 10:30 Rummikub\$ 11:00 AL Who, What, Where? 1:00 Game of Choice\$ 2:00 Birthday Bash Sponsored by Gentiva Hospice\$ 3:00 BINGO with Hearth Hospice\$ 6:30 Game Time\$	29 9:15 Resident-Led Rummikub\$ 10:30 Zumba Exercise Class with Joan\$ 11:00 AL Chair Exercise 11:30 AL Hymn Sing Along\$ 1:00 Game of Choice\$ 2:00 AL Manicures & Hand Massages\$ 2:00 Open Floor with Katie\$ 3:00 Bible Study with Nancy 6:30 Movie Night\$	30 9:15 Resident-Led Rummikub\$ 11:00 Lunch at Cracker Barrel 11:00 AL Trivia Trial 1:00 Game of Choice\$ 2:00 Summer Wreath Craft \$ 3:00 Hooks & Needles\$ 3:00 The Chosen\$ 6:30 Game Time\$	9:15 10:30 11:00 11:30 1:00 1:30 A 2:00 3:00 6:30





Resident Birthdays

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Staff Birthdays

5/6	Aurelio Andres			
5/6	Ania Freeman			
5/23	Dawnzalea Byers			
5/27	Gracy Varghese			
5/30	Andy Arp			

Staff Anniversaries

5/2/2006	James Marshall
5/10/2023	Jennie Fraiser
5/11/2020	Luann Palmer



- May 17th: Springtime Cobblers & Ice Cream
- May 31st: Brownie Sundaes



Bus Trip to Buc-ee's

Buc-ee's is more than just a gas station . . . it is an experience. A wide variety of amenities, fun merchandise, homemade jerky, fudge, fresh food, and so much more! Enjoy lunch on the go while we explore the store!

This will be a short day trip, as the closest Buc-ee's is 50 minutes away! If you have any questions, see Tori!

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	Training	\bigwedge

It is time for our mandatory scooter training. This annual training will be on May 15th at 2pm in the courtyard (weather permitting). **Any resident who owns an <u>electric</u> scooter or wheelchair is required to attend.**



Gardening Club The official date for residents to begin planting in their assigned portion of the community garden, is May 4th. **Residents must sign up for a spot** in the garden with Tori by May 3rd.



Summer Wreath Craft

This will be a multi-step project which we will continually work on throughout the month. Above are some design options for the wooden door hanger, but you can use any design you like. Limited supplies so sign up with Tori.



How to Avoid Scams With Builtwell Bank Builtwell Bank Presents: Identifying and Avoiding Scams.

Join us on Thursday, May 2nd at 2:00 p.m. to learn about the most common scams that senior citizens are facing today. Representatives will be explaining why seniors are vulnerable to scams, the warning signs of scams and how seniors can protect themselves. This presentation will help educate and prepare you should you be contacted by a scammer in the future. Don't miss this opportunity to learn and ask questions that may help protect you from being a victim of a scam.



