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*A Place To Call Home*

Find us on 



### Important Dates

- 8/1 ..... Lunch at El Jinete
- 8/6 ..... Walmart
- 8/7 ..... Shopping Trip
- 8/7 ..... Music with Michael
- 8/8 ..... Lunch at Rain
- 8/8 ..... Rummikub Tournament
- 8/9 ..... Closing Ceremony
- 8/13 ..... Walmart or Food City
- 8/14 ..... Trader Joe's
- 8/15 ..... Hamrick's & Lunch
- 8/17 ..... Music with Heaven Seekers
- 8/20 ..... Walmart or Food City
- 8/21 ..... Scenic Ride
- 8/22 ..... Lunch at Biba's
- 8/23 ..... What's the Scoop
- 8/24 ..... Music with Jordan
- 8/27 ..... Walmart or Food City
- 8/28 ..... Health Chat
- 8/29 ..... Lunch at Cheddar's
- 8/29 ..... Try Something New
- 8/30 ..... Labor Day Party

### Your Friendly Staff

- General Manager**  
Katie Hollaway
- Office Manager**  
Luann Palmer
- Sales Director**  
Brandi Murray
- Resident Care Director**  
Gena Entrekin, LPN
- Dining Services Director**  
Melissa Correll
- Recreational Director**  
Tori Rogers
- Housekeeping Supervisor**  
Donna Long
- Maintenance Director**  
Tim Posey



### Welcome Home to Hickory Valley

We are so very excited to have new residents in our community! To officially welcome all of our lovely new neighbors, we are hosting a bi-monthly New Resident Social in the Lobby on August 7th at 3pm!

Small refreshments and wonderful company to welcome our new residents and introduce you to your new neighbors!



### Activities Reminders

All activities are subject to change. Please check the Weekly Opportunity and Daily Sheets for the most up-to-date schedule.

Please pay careful attention to the locations of each activity as we are utilizing more common areas around our building (2nd floor Breezeway, Courtyard, etc).

See Tori with any questions!

### Tuesday Walmart Trips

Please be courteous to your fellow residents when signing up to join us on the weekly Walmart trips. If you decide not to go, please call the front desk so we can reach out to the waitlist. If you are on the waitlist, please be prepared if a last minute cancellation occurs!

### Make It Monday

Each Monday at 3 pm, we will enjoy different crafts! This month: ornaments for the activity room Christmas Tree, summertime jewelry, keychains and making homemade lotion! Supplies are limited so let Tori know if you are interested!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:00 ■ Who, What, Where? \$  
 11:00 ■ Lunch at El Jinete  
 11:00 ■ AL You Be the Judge  
 1:00 ■ Game of Choice \$  
 2:00 ■ Hickory Valley Olympics: Jeopardy \$  
 2:00 ■ Scenic Ride to the Sunflowers  
 3:00 ■ Bible Study with Joe  
 3:00 ■ Hooks & Needles \$  
 3:30 ■ Visit with Atreyu, the Therapy Dog  
 6:30 ■ Game Time \$

10:00 ■ Fun Fact Friday \$  
 10:30 ■ Chair Exercise with Legacy Healthcare \$  
 11:00 ■ AL Rolling Library  
 11:30 ■ AL Gaither Corner  
 1:00 ■ Game of Choice \$  
 2:00 ■ Hickory Valley Olympics: Mystery Bags \$  
 2:00 ■ Ice Cream Social with Taylor  
 2:30 ■ Ice Cream Social with Taylor \$  
 3:00 ■ Bingo Sponsored By Grace Primary Care \$  
 6:30 ■ Game Time \$

10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 2:00 ■ AL BINGO  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night

1:00 ■ Game of Choice  
 3:00 ■ Christ United Methodist Church  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night

10:00 ■ Current Events \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ AL Chair Exercise  
 11:30 ■ AL Lunchtime Melodies  
 1:00 ■ Christian Ladies  
 1:00 ■ Game of Choice \$  
 2:00 ■ AL BINGO \$  
 2:00 ■ Hickory Valley Olympics: Trivia \$  
 3:00 ■ Devotions with Mark Cabeen \$  
 3:00 ■ Make it Monday: Summertime Jewelry \$  
 3:00 ■ AL Word Jumbles  
 6:30 ■ Game Time \$

10:00 ■ Walmart (Ooltewah)  
 10:30 ■ Rummikub \$  
 11:00 ■ AL Who, What, Where?  
 1:00 ■ Game of Choice \$  
 1:00 ■ AL Rolling Activities  
 2:00 ■ Hickory Valley Olympics: Connect 4 \$  
 2:00 ■ AL Junk Drawer Detective  
 3:00 ■ Bingo Sponsored by Hospice of Chattanooga \$  
 6:30 ■ Game Time \$

10:00 ■ Chit Chat with Tori \$  
 10:30 ■ Dollar Tree, Gabes, or Hobby Lobby \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ AL Chair Exercise  
 11:30 ■ AL Piano with Katie \$  
 1:00 ■ Game of Choice \$  
 2:00 ■ AL Manicures & Hand Massages \$  
 2:00 ■ New Resident Social \$  
 2:30 ■ Music Performance with Michael \$  
 3:00 ■ Bible Study with Nancy  
 3:00 ■ Hickory Valley Olympics: Water War \$  
 6:30 ■ Movie Night \$

10:00 ■ Olympic Scavenger Hunt \$  
 11:00 ■ Lunch at Rain  
 11:00 ■ AL Trivia Trial  
 1:00 ■ Game of Choice \$  
 2:00 ■ AL Color By Number  
 2:00 ■ Rummikub Tournament \$  
 3:00 ■ Hooks & Needles \$  
 6:30 ■ Game Time \$

10:00 ■ Fun Fact Friday \$  
 10:30 ■ Chair Exercise with Legacy Healthcare \$  
 11:00 ■ AL Rolling Library  
 11:30 ■ AL Gaither Corner  
 1:00 ■ Game of Choice \$  
 2:00 ■ Hickory Valley Olympics: Closing Ceremony \$  
 3:00 ■ BINGO \$  
 6:30 ■ Game Time \$

10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 2:00 ■ AL BINGO  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night

1:00 ■ Game of Choice  
 3:00 ■ Brainerd Hills Baptist Church  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night

10:00 ■ Current Events \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ AL Chair Exercise  
 11:30 ■ AL Lunchtime Melodies  
 1:00 ■ Mary Kay Makeovers  
 2:00 ■ AL BINGO \$  
 2:00 ■ Engineering an Empire Docuseries \$  
 2:00 ■ Hangman \$  
 3:00 ■ AL Cranium Crunches  
 3:00 ■ Devotions with Mark Cabeen \$  
 3:00 ■ Make it Monday: Ornaments \$  
 6:30 ■ Game Time \$

10:00 ■ Walmart Neighborhood Market or Food City  
 10:30 ■ Rummikub \$  
 11:00 ■ AL Word Teasers  
 1:00 ■ Game of Choice \$  
 1:00 ■ AL Rolling Activities  
 2:00 ■ Chair Exercise Video \$  
 2:00 ■ AL Trivia Tuesday  
 3:00 ■ BINGO with CenterWell \$  
 6:30 ■ Game Time \$

10:00 ■ Chit Chat with Tori \$  
 10:30 ■ Trader Joe's \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ AL Chair Exercise  
 11:30 ■ AL Piano with Katie \$  
 1:00 ■ Game of Choice \$  
 2:00 ■ AL Movie Matinee  
 2:00 ■ Open Floor with Katie & Creamsicles \$  
 3:00 ■ Bible Study with Nancy  
 6:30 ■ Movie Night \$

10:00 ■ Hamrick's & Lunch at Park Place  
 11:00 ■ AL You Be the Judge  
 1:00 ■ Game of Choice \$  
 2:00 ■ Wellness Checks with AccentCare \$  
 2:30 ■ Family Feud \$  
 3:00 ■ Bible Study with Joe \$  
 3:00 ■ Hooks & Needles \$  
 3:30 ■ Visit with Atreyu, the Therapy Dog  
 6:30 ■ Game Time \$

10:00 ■ Fun Fact Friday \$  
 10:30 ■ Chair Exercise with Legacy Healthcare \$  
 11:00 ■ AL Rolling Library  
 11:30 ■ AL Gaither Corner  
 1:00 ■ Game of Choice \$  
 2:00 ■ Fun Friday: Klondike Bars & Jokes \$  
 3:00 ■ BINGO \$  
 6:30 ■ Game Time \$

10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 2:00 ■ AL BINGO  
 2:00 ■ Music Performance with Heaven Seekers  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night

1:00 ■ Game of Choice  
 3:00 ■ Ridgedale Baptist Church  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night

10:00 ■ Current Events \$  
 10:30 ■ Chair Exercise \$  
 11:00 ■ AL Chair Exercise  
 11:30 ■ AL Lunchtime Melodies  
 1:00 ■ Christian Ladies  
 2:00 ■ AL BINGO \$  
 2:00 ■ Engineering an Empire Docuseries \$  
 2:00 ■ Flower Arranging \$  
 3:00 ■ Devotions with Mark Cabeen \$  
 3:00 ■ Make it Monday: Keychains \$  
 3:00 ■ AL Word Jumbles  
 6:30 ■ Game Time \$

10:00 ■ Walmart Neighborhood Market or Food City  
 10:30 ■ Rummikub \$  
 11:00 ■ AL Who, What, Where?  
 1:00 ■ Game of Choice \$  
 1:00 ■ AL Rolling Activities  
 2:00 ■ Chair Exercise \$  
 2:00 ■ AL Junk Drawer Detective  
 3:00 ■ Bingo \$  
 6:30 ■ Game Time \$

10:00 ■ Chit Chat with Tori \$  
 10:30 ■ Donuts with Directors \$  
 11:00 ■ AL Chair Exercise  
 11:30 ■ AL Piano with Katie \$  
 1:00 ■ Devotions with Tyner United Methodist  
 1:00 ■ Game of Choice \$  
 2:00 ■ Crossword Craze \$  
 2:00 ■ AL Manicures & Hand Massages \$  
 2:00 ■ Scenic Bus Ride  
 3:00 ■ Bible Study with Nancy  
 6:30 ■ Movie Night \$

11:00 ■ Lunch at Biba's Italian Restaurant  
 11:00 ■ AL Trivia Trial  
 1:00 ■ Game of Choice \$  
 2:00 ■ Devotions with Katie \$  
 2:00 ■ AL Happy Hour Scenic Ride  
 3:00 ■ Hooks & Needles \$  
 6:30 ■ Game Time \$

10:00 ■ Fun Fact Friday \$  
 10:30 ■ Chair Exercise with Legacy Healthcare \$  
 11:00 ■ AL Rolling Library  
 11:30 ■ AL Gaither Corner  
 1:00 ■ Game of Choice \$  
 2:00 ■ Fun Friday: What's the Scoop & Trivia \$  
 3:00 ■ BINGO with Comfort Keepers \$  
 6:30 ■ Game Time \$

9:00 ■ Massage with Jillian (Appointment Required)  
 10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 1:15 ■ Music Performance with Jordan  
 2:00 ■ AL BINGO  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night

1:00 ■ Game of Choice  
 3:00 ■ Woodland Park Baptist Church  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night

10:00 ■ Current Events \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ AL Chair Exercise  
 11:30 ■ AL Lunchtime Melodies  
 1:00 ■ Game of Choice \$  
 2:00 ■ AL BINGO \$  
 2:00 ■ Engineering an Empire Docuseries \$  
 2:00 ■ Manicures & Hand Massages \$  
 3:00 ■ AL Cranium Crunches  
 3:00 ■ Devotions with Mark Cabeen \$  
 3:00 ■ Make it Monday: Homemade Lotions \$  
 6:30 ■ Game Time \$

10:00 ■ Walmart Neighborhood Market or Food City  
 10:30 ■ Rummikub \$  
 11:00 ■ AL Word Teasers  
 1:00 ■ Game of Choice \$  
 1:00 ■ AL Rolling Activities  
 2:00 ■ Birthday Bash \$  
 2:00 ■ AL Trivia Tuesday  
 3:00 ■ BINGO with Hearth Hospice \$  
 6:30 ■ Game Time \$

10:00 ■ Chit Chat with Tori \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ AL Chair Exercise  
 11:30 ■ AL Piano with Katie \$  
 1:00 ■ Game of Choice \$  
 2:00 ■ Health Chat with Legacy Healthcare \$  
 2:00 ■ AL Try Something New \$  
 3:00 ■ Bible Study with Nancy  
 6:30 ■ Movie Night \$

10:00 ■ Travel Adventures \$  
 11:00 ■ Lunch at Cheddar's  
 11:00 ■ AL You Be the Judge  
 1:00 ■ Game of Choice \$  
 2:00 ■ Try Something New \$  
 3:00 ■ Patriotic BINGO \$  
 6:30 ■ Game Time \$

10:00 ■ Fun Fact Friday \$  
 10:30 ■ Chair Exercise with Legacy Healthcare \$  
 11:00 ■ AL Rolling Library  
 11:30 ■ AL Gaither Corner  
 1:00 ■ Game of Choice \$  
 2:00 ■ Fun Friday: Labor Day Party with Barkey \$  
 3:00 ■ Labor Day Scavenger Hunt \$  
 6:30 ■ Game Time \$

10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 2:00 ■ AL BINGO  
 4:00 ■ AL Classic TV Show  
 6:30 ■ Movie Night





### Resident Birthdays

|      |       |                   |
|------|-------|-------------------|
| 8/1  | ..... | Mildred Lee       |
| 8/1  | ..... | Margaret Pendency |
| 8/7  | ..... | Wilma Tatum       |
| 8/8  | ..... | Louise Roberson   |
| 8/9  | ..... | Skip Hubby        |
| 8/9  | ..... | Ruth Fox          |
| 8/13 | ..... | Sandy Kemp        |
| 8/13 | ..... | Ann Quigley       |
| 8/13 | ..... | Bill Brooks       |
| 8/16 | ..... | Larry Pierce      |
| 8/22 | ..... | Nancy Wilhite     |
| 8/26 | ..... | Marvin Stevenson  |
| 8/27 | ..... | Elizabeth Brown   |
| 8/27 | ..... | George Adkison    |
| 8/29 | ..... | Gena Davis        |



### Staff Birthdays

|      |       |                   |
|------|-------|-------------------|
| 8/2  | ..... | Krista Gilbert    |
| 8/8  | ..... | Bob Booker        |
| 8/11 | ..... | Trenaile Williams |
| 8/12 | ..... | Terrell Maye      |
| 8/24 | ..... | Richard Summers   |



### Staff Anniversaries

|           |       |                 |
|-----------|-------|-----------------|
| 8/11/2000 | ..... | Richard Summers |
| 8/28/2000 | ..... | Tim Posey       |
| 8/20/2023 | ..... | Destiny Neel    |
| 8/22/2023 | ..... | Briana Kilgore  |
| 8/22/2023 | ..... | Marsha Tarrant  |
| 8/22/2023 | ..... | Monika Barger   |

### Fun at Hickory Valley!

Don't miss out on all of the fun activities we have every day!



The fun meet and greet with the special guests from Creature Features!



Fun on our trip to Buc-ee's!



Happy Cow Appreciation Day 2024!



### Engineering an Empire

Most Mondays at 2pm, we will be playing one hour long episode from this wonderful documentary series in the Activity Room. The summary of the series is listed below! Please see Tori if you would like to borrow any videos you miss.

Utilizing interviews with experts, reenactment footage and computer-generated graphics, Engineering an Empire looks at various structures, buildings and mechanical inventions, from Menes' dam built in around 3000 BC in Egypt to the world's first locomotive invented in Britain.



Join us daily at 2pm for the Hickory Valley Olympic Events! Prizes and Medals will be awarded at the Closing Ceremony on August 9th! See the list below for more event details!

- Bucket Ball
- Beach Volleyball
- Jeopardy: covering topics about Team USA and past Olympics
- Mystery Bags: guessing game using touch to figure out the object
- Trivia: covering a wide variety of topics
- Connect 4: a strategy game
- Water War: Water Balloon Toss and Water Gun Target Practice (you do not have to get wet to participate)
- Rummikub Tournament with residents and staff