



6705 Ballard Drive  
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*A Place To Call Home*

Find us on 



### Important Dates

- 4/2 ..... New Resident Social
- 4/3 ..... Willy Wonka the Musical
- 4/3 ..... Music with Opus IV
- 4/9 ..... Jellybean Jumbles
- 4/10 ..... Outback Steakhouse
- 4/10 ..... Scenic Bus Ride
- 4/11 ..... Music with Wes Crider
- 4/15 ..... 20 Questions
- 4/16 ..... Easter Party with Barkey
- 4/16 ..... Easter Egg Hunt
- 4/17 ..... Lupi's Pizza
- 4/18 ..... Tobey Hulgán's 100th
- 4/21 ..... I Know That City! Game
- 4/22 ..... TN Jewels Performance
- 4/23 ..... Steak & Cake (Invite Only)
- 4/24 ..... LongHorn Steakhouse
- 4/29 ..... BINGO with Katie
- 4/29 ..... That Spells CATastrophe!
- 4/30 ..... Day Trip to Murfreesboro

### Your Friendly Staff

- General Manager**  
Katie Hollaway
- Office Manager**  
Luann Palmer
- Sales Director**  
Brandi Murray
- Resident Care Director**  
Gena Entrekin, LPN
- Dining Services Director**  
Melissa Correll
- Recreational Director**  
Tori Rogers
- Housekeeping Supervisor**  
Donna Long
- Maintenance Director**  
Tim Posey

### Hickory Valley Activity Info

- **Cranium Crunches:** Work puzzles with the group; some are harder than others.
- **Word Teasers:** Riddles and trivia with the group!
- **Jelly Bean Jumbles:** Jelly Bean tasting activity. Guess the flavors and win extra funny money for being correct!
- **20 Questions:** Figure out what the secret item is before you run out of 20 questions.
- **I Know That City:** Guess the city based on its most iconic tourist attraction.
- **That Spells CATastrophe:** Guess the word based on a clue, all words include the word "CAT".



### Steak & Cake Birthday Celebration

Residents with April Birthdays will receive an invitation for a delicious steak lunch. This month our celebration will be on April 23rd. **RSVP is required by April 16th.** Residents ONLY (no additional guests). Lunch served at noon in Activity Room.

### Faithful Followers, Friends & Neighbors

The group formerly known as "Christian Ladies" has changed the name in order to include the men in our community! They will meet every Saturday at 10:30 am on the 3rd floor. Please see Carolyn Eck with any questions.

### Spring Day Trip to Murfreesboro

Enjoy a day trip to Murfreesboro to enjoy lunch at Demo's and a visit to Stone's River National Battlefield. Leaving at 9 am on April 30th and returning late afternoon, so please plan accordingly!

Sunday

Monday






Tuesday

Wednesday

Thursday

Friday

Saturday

						
6	7	8	9	10	11	12
<p>1:00 <span style="color: red;">■</span> Game of Choice</p> <p>3:00 <span style="color: green;">■</span> Christ United Methodist Church</p> <p>4:00 <span style="color: blue;">■</span> AL Classic TV Show</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Current Events \$</p> <p>10:30 <span style="color: red;">■</span> Zumba Exercise Class with Joan \$</p> <p>11:00 <span style="color: blue;">■</span> AL Current Events</p> <p>11:30 <span style="color: blue;">■</span> AL Lunchtime Melodies</p> <p>1:00 <span style="color: blue;">■</span> AL BINGO \$</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>2:00 <span style="color: red;">■</span> History of Christianity Docuseries \$</p> <p>2:00 <span style="color: pink;">■</span> Storytime with Tori \$</p> <p>3:00 <span style="color: green;">■</span> Devotions with Mark Cabeen \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>9:00 <span style="color: green;">■</span> Walmart or Food City</p> <p>10:00 <span style="color: green;">■</span> Walmart or Food City</p> <p>11:00 <span style="color: blue;">■</span> AL Trivia Tuesday</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:30 <span style="color: blue;">■</span> AL Take Me Out to the Ball Game!</p> <p>2:00 <span style="color: red;">■</span> Word Teasers \$</p> <p>3:00 <span style="color: red;">■</span> BINGO with CenterWell \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Chit Chat with Tori \$</p> <p>10:30 <span style="color: red;">■</span> Donuts with Directors \$</p> <p>11:00 <span style="color: blue;">■</span> AL Manicures with Tori</p> <p>1:00 <span style="color: blue;">■</span> AL Craft &amp; Chat with Tori</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>2:00 <span style="color: red;">■</span> Jelly Bean Jumbles \$</p> <p>3:00 <span style="color: green;">■</span> Devotions with Chaplain Kevin</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: green;">■</span> Willy Wonka the Musical</p> <p>10:30 <span style="color: pink;">■</span> Hooks &amp; Needles \$</p> <p>11:00 <span style="color: blue;">■</span> AL Coloring Pages</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:30 <span style="color: blue;">■</span> AL PB&amp;J Taste Test</p> <p>2:00 <span style="color: green;">■</span> Music Performance with Opus IV \$</p> <p>3:00 <span style="color: green;">■</span> Bible Study with Joe</p> <p>3:30 <span style="color: blue;">■</span> Visit with Atreyu, the Therapy Dog</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Fun Fact Friday \$</p> <p>10:30 <span style="color: red;">■</span> Chair Exercise with Legacy Healthcare \$</p> <p>11:00 <span style="color: blue;">■</span> AL Rolling Library Cart</p> <p>11:30 <span style="color: blue;">■</span> AL Gaither Corner</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:00 <span style="color: blue;">■</span> AL Treats &amp; Trivia</p> <p>2:00 <span style="color: red;">■</span> Ice Cream Sundae Social &amp; Trivia \$</p> <p>3:00 <span style="color: red;">■</span> Bingo Sponsored By Grace Primary Care \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: pink;">■</span> Puzzle Partners</p> <p>10:30 <span style="color: purple;">■</span> Faithful Followers, Friends, &amp; Neighbors</p> <p>1:00 <span style="color: red;">■</span> Game of Choice</p> <p>2:00 <span style="color: blue;">■</span> AL BINGO</p> <p>4:00 <span style="color: blue;">■</span> AL Classic TV Show</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>
13	14	15	16	17	18	19
<p>1:00 <span style="color: red;">■</span> Game of Choice</p> <p>3:00 <span style="color: green;">■</span> Brainerd Hills Baptist Church</p> <p>4:00 <span style="color: blue;">■</span> AL Classic TV Show</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Current Events \$</p> <p>10:30 <span style="color: red;">■</span> Zumba Exercise Class with Joan \$</p> <p>11:00 <span style="color: blue;">■</span> AL Current Events</p> <p>11:30 <span style="color: blue;">■</span> AL Lunchtime Melodies</p> <p>1:00 <span style="color: blue;">■</span> AL BINGO \$</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:00 <span style="color: red;">■</span> Mary Kay Makeovers</p> <p>2:00 <span style="color: pink;">■</span> Flower Arranging \$</p> <p>2:00 <span style="color: red;">■</span> History of Christianity Docuseries \$</p> <p>3:00 <span style="color: green;">■</span> Devotions with Mark Cabeen \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>9:00 <span style="color: green;">■</span> Walmart or Food City</p> <p>10:00 <span style="color: green;">■</span> Walmart or Food City</p> <p>11:00 <span style="color: blue;">■</span> AL Trivia Tuesday</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:30 <span style="color: blue;">■</span> AL Jelly Bean Jumbles</p> <p>2:00 <span style="color: red;">■</span> 20 Questions \$</p> <p>3:00 <span style="color: red;">■</span> Bingo \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Chit Chat with Tori \$</p> <p>10:30 <span style="color: red;">■</span> Zumba Exercise Class with Joan \$</p> <p>11:00 <span style="color: blue;">■</span> AL Manicures with Tori</p> <p>1:00 <span style="color: blue;">■</span> AL Craft &amp; Chat with Tori</p> <p>1:00 <span style="color: green;">■</span> Devotions with Tyner United Methodist</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>2:00 <span style="color: green;">■</span> Easter Party with Barkey \$</p> <p>3:00 <span style="color: yellow;">■</span> Easter Egg Hunt</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Music with Tori \$</p> <p>10:30 <span style="color: pink;">■</span> Hooks &amp; Needles \$</p> <p>11:00 <span style="color: blue;">■</span> AL Coffee Talk with Jennifer</p> <p>11:00 <span style="color: blue;">■</span> AL Coloring Pages</p> <p>11:00 <span style="color: green;">■</span> Lunch at Lupi's Pizza Pie</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:30 <span style="color: blue;">■</span> AL Good Friday Devotions</p> <p>2:00 <span style="color: green;">■</span> Wellness Checks with AccentCare \$</p> <p>3:00 <span style="color: green;">■</span> Bible Study with Joe \$</p> <p>3:30 <span style="color: blue;">■</span> Visit with Atreyu, the Therapy Dog</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:30 <span style="color: green;">■</span> Good Friday Service with Kevin \$</p> <p>11:00 <span style="color: blue;">■</span> AL Rolling Library Cart</p> <p>11:30 <span style="color: blue;">■</span> AL Gaither Corner</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:00 <span style="color: blue;">■</span> AL Treats &amp; Trivia</p> <p>2:00 <span style="color: green;">■</span> 100th Birthday Party for Tobey Hulgán</p> <p>3:00 <span style="color: red;">■</span> BINGO \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: pink;">■</span> Puzzle Partners</p> <p>10:30 <span style="color: purple;">■</span> Faithful Followers, Friends, &amp; Neighbors</p> <p>1:00 <span style="color: red;">■</span> Game of Choice</p> <p>2:00 <span style="color: blue;">■</span> AL BINGO</p> <p>4:00 <span style="color: blue;">■</span> AL Classic TV Show</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>
20	21	22	23	24	25	26
<p>1:00 <span style="color: red;">■</span> Game of Choice</p> <p>3:00 <span style="color: green;">■</span> Ridgedale Baptist Church</p> <p>4:00 <span style="color: blue;">■</span> AL Classic TV Show</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Current Events \$</p> <p>10:30 <span style="color: red;">■</span> Zumba Exercise Class with Joan \$</p> <p>11:00 <span style="color: blue;">■</span> AL Current Events</p> <p>11:30 <span style="color: blue;">■</span> AL Lunchtime Melodies</p> <p>1:00 <span style="color: blue;">■</span> AL BINGO \$</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>2:00 <span style="color: red;">■</span> History of Christianity Docuseries \$</p> <p>2:00 <span style="color: pink;">■</span> I Know That City! \$</p> <p>3:00 <span style="color: green;">■</span> Devotions with Mark Cabeen \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>9:00 <span style="color: green;">■</span> Walmart or Food City</p> <p>10:00 <span style="color: green;">■</span> Walmart or Food City</p> <p>11:00 <span style="color: blue;">■</span> AL Trivia Tuesday</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:30 <span style="color: blue;">■</span> AL Earth Day Treat &amp; Trivia</p> <p>2:00 <span style="color: green;">■</span> Music &amp; Dance Performance with the Tennessee Jewels \$</p> <p>3:00 <span style="color: red;">■</span> BINGO with Hearth Hospice \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Chit Chat with Tori \$</p> <p>10:30 <span style="color: red;">■</span> Zumba Exercise Class with Joan \$</p> <p>11:00 <span style="color: blue;">■</span> AL Manicures with Tori</p> <p>12:00 <span style="color: red;">■</span> Steak &amp; Cake Celebration (Invitation ONLY)</p> <p>1:00 <span style="color: blue;">■</span> AL Craft &amp; Chat with Tori</p> <p>1:00 <span style="color: green;">■</span> Hymn Sing Along with Katie \$</p> <p>2:00 <span style="color: blue;">■</span> Flower Fun Scavenger Hunt \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Music with Tori \$</p> <p>10:30 <span style="color: pink;">■</span> Hooks &amp; Needles \$</p> <p>11:00 <span style="color: blue;">■</span> AL Coloring Pages</p> <p>11:00 <span style="color: green;">■</span> Lunch at LongHorn Steakhouse</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:30 <span style="color: blue;">■</span> AL Soda Sippin'</p> <p>2:00 <span style="color: green;">■</span> Open Floor with Katie \$</p> <p>3:00 <span style="color: red;">■</span> Jeopardy \$</p> <p>3:00 <span style="color: blue;">■</span> AL Open Floor with Katie</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: red;">■</span> Fun Fact Friday \$</p> <p>10:30 <span style="color: red;">■</span> Chair Exercise with Legacy Healthcare \$</p> <p>11:00 <span style="color: blue;">■</span> AL Rolling Library Cart</p> <p>11:30 <span style="color: blue;">■</span> AL Gaither Corner</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:00 <span style="color: blue;">■</span> AL Treats &amp; Trivia</p> <p>2:00 <span style="color: red;">■</span> _____</p> <p>3:00 <span style="color: red;">■</span> BINGO with Emily Rose \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:00 <span style="color: pink;">■</span> Puzzle Partners</p> <p>10:30 <span style="color: purple;">■</span> Faithful Followers, Friends, &amp; Neighbors</p> <p>1:00 <span style="color: red;">■</span> Game of Choice</p> <p>2:00 <span style="color: blue;">■</span> AL BINGO</p> <p>4:00 <span style="color: blue;">■</span> AL Classic TV Show</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>
27	28	29	30	  		
<p>1:00 <span style="color: red;">■</span> Game of Choice</p> <p>3:00 <span style="color: green;">■</span> Woodland Park Baptist Church</p> <p>4:00 <span style="color: blue;">■</span> AL Classic TV Show</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>10:30 <span style="color: red;">■</span> Zumba Exercise Class with Joan \$</p> <p>11:30 <span style="color: blue;">■</span> AL Lunchtime Melodies</p> <p>1:00 <span style="color: blue;">■</span> AL BINGO \$</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>2:00 <span style="color: red;">■</span> History of Christianity Docuseries \$</p> <p>3:00 <span style="color: green;">■</span> Devotions with Mark Cabeen \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>9:00 <span style="color: green;">■</span> Walmart or Food City</p> <p>10:00 <span style="color: green;">■</span> Walmart or Food City</p> <p>11:00 <span style="color: blue;">■</span> AL Trivia Tuesday</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>1:30 <span style="color: blue;">■</span> AL Make &amp; Take M&amp;M Bags</p> <p>2:00 <span style="color: red;">■</span> The Spells CATastrophe! \$</p> <p>3:00 <span style="color: red;">■</span> BINGO with Katie \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>	<p>9:00 <span style="color: green;">■</span> Day Trip to Murfreesboro</p> <p>10:30 <span style="color: red;">■</span> Zumba Exercise Class with Joan \$</p> <p>11:00 <span style="color: blue;">■</span> AL Manicures with Tori</p> <p>1:00 <span style="color: blue;">■</span> AL Craft &amp; Chat with Tori</p> <p>1:00 <span style="color: red;">■</span> Game of Choice \$</p> <p>2:00 <span style="color: red;">■</span> Movie Matinee &amp; Puzzle Packs \$</p> <p>6:30 <span style="color: purple;">■</span> Game Time</p>			



### Resident Birthdays

- 4/7 ..... Roy Fowlkes
- 4/10 ..... Marlene Schiller
- 4/16 ..... Donna Miles
- 4/16 ..... Jenny Crews
- 4/18 ..... Tobey Hulgán's 100th
- 4/21 ..... Barbara Summers' 106th
- 4/22 ..... Janie Frazier
- 4/27 ..... Ann Quigley
- 4/30 ..... Katherine Morris



### Staff Birthdays

- 4/4 ..... Jodi Smith
- 4/12 ..... Amber Ennie
- 4/23 ..... Mel Correll
- 4/26 ..... Sharon Culver
- 4/30 ..... Luann Palmer



### Staff Anniversaries

- 4/9/22 ..... Terrell Maye



### Good Friday Service

The morning of April 18th at 10:30, join us for a Good Friday Service led by Chaplain Kevin in the chapel. Let's celebrate this wonderful season!



### Gardening

If you want to participate in the community garden in the courtyard this year, please see Tori to sign up. You will be given a specific area in our garden. **The date to begin planting in the community garden is typically mid-May, but Tori will announce the official date at the April Open Floor.** The garden is a community space, so all gardening plans must be approved through Tori.



### Keep Kitties Safe From Lilies

Lilies are lovely spring flowers, but keep them out of your home if you have cats. All parts of the plant are dangerously toxic to cats, who can get sick even from licking pollen off their fur or drinking from a flower vase. This warning includes all members of the lily and daylily family.



### Chasing Rainbows

A rainbow is one of the most wondrous sights in nature. Here's how you can spot one!

Rainbows are caused by light shining through water, so the best time to look for them is during a break in a rainstorm, when the sun is peeking out. Early mornings and late afternoons are better. Look for the sun in the sky and then turn your back to it—rainbows only appear across from the sun.

The sky beneath a rainbow is brighter than the sky above it, so if you see a bright patch of sky, look closely. There may be a faint rainbow! When a rainbow itself is especially vibrant, there may be a double rainbow reflected from the top of the arc. The colors of this rainbow will be in reverse.



### Famous Firsts: Earth Day

Protect our planet. That was the simple message of the estimated 20 million people across the nation who took part in the first Earth Day, April 22, 1970. The national day focusing on the environment was the idea of U.S. Sen. Gaylord Nelson of Wisconsin, and today, it is an annual worldwide observance with nearly 200 countries participating.